## **Yale-Brown Obsessive Compulsive Scale (Y-BOCS)**

|       |   |                      | MANIE               |                                      |                           |                  |  |
|-------|---|----------------------|---------------------|--------------------------------------|---------------------------|------------------|--|
|       |   |                      | DATE:               |                                      |                           |                  |  |
| SI    | CIAN:                                     |                      | _                   |                                      |                           |                  |  |
|       |   |                      |                     |                                      |                           |                  |  |
|       |   |                      |                     |                                      |                           |                  |  |
|       | $\pmb{e}$ : Scores should reflect the cor |                      |                     |                                      | symptoms. Rate            | the average      |  |
| occi  | urrence of each item during the           | e prior week up to a | and including the t | ime of interview.                    |                           |                  |  |
| Obs   | ession Rating Scale (circle appro         | priate score)        |                     |                                      |                           |                  |  |
| ltem  |   | Range of Severity    |                     |                                      |                           |                  |  |
| 1.    | Time Spent on Obsessions                  | O hr/day             | 0–1 hr/day          | 1-3 hr/day                           | 3-8 hr/day                | > 8 hr/day       |  |
| 532.0 | Score:                                    | 0                    | 1                   | 2                                    | 3                         | 4                |  |
|       | Interference From Obsessions None         |                      |                     | Definite but                         | Substantial               |                  |  |
| 2.    |   |                      | Mild                | manageable                           | impairment                | Incapacitating   |  |
|       | Score:                                    | 0                    | 1                   | 2                                    | 3                         | 4                |  |
|       | Distress From Obsessions Score:           | Nama                 | l inte              | Moderate but                         | Carraga                   | Near constant,   |  |
| 3.    |   | None<br>0            | Little<br>1         | manageable<br>2                      | Severe<br>3               | disabling<br>4   |  |
| 4.    | Resistance to Obsessions                  | Always resists       | Much resistance     | Some resistance                      | Often yields              | Completely yield |  |
| 1.    | Score:                                    | 0                    | 1                   | 2                                    | 3                         | 4                |  |
| 5.    | Control Over Obsessions                   | Complete control     | Much control        | Some control                         | Little control            | No control       |  |
|       | Score:                                    | 0                    | 1                   | 2                                    | 3                         | 4                |  |
|       |   | -                    |                     | Obsession subtot                     | al (add items 1-5)        |                  |  |
| ۸     |   | X                    |                     | Onsession annion                     | ai (aud iterris 1-5)      |                  |  |
|       | ipulsion Rating Scale (circle appr        |                      |                     |                                      |                           |                  |  |
| ltem  |   | Range of Severity    |                     | 84 01011                             |                           |                  |  |
| 6.    | Time Spent on Compulsions Score:          | O hr/day<br>O        | 0–1 hr/day<br>1     | 1–3 hr/day<br>2                      | 3–8 hr/day<br>3           | > 8 hr/day<br>4  |  |
|       | JOJIE.                                    | U                    |                     |                                      | 0000                      |                  |  |
| 7.    | Interference From Compulsions<br>Score:   | None                 | Mild                | Definite but<br>manageable           | Substantial<br>impairment | Incapacitating   |  |
| 50900 |   | 0                    | 1                   | 2                                    | 3                         | 4                |  |
|       |   |                      |                     | Moderate but                         |                           | Near constant,   |  |
| 8.    | Distress From Compulsions Nor<br>Score: 0 | None                 | Mild                | manageable                           | Severe                    | disabling        |  |
|       |   | 0                    | 1                   | 2                                    | 3                         | 4                |  |
| 9.    | Resistance to Compulsions                 | Always resists       | Much resistance     | Some resistance                      | Often yields              | Completely yield |  |
| 1000  | Score:                                    | 0                    | 1                   | 2                                    | 3                         | 4                |  |
| 10.   |   | Complete control     | Much control        | Some control                         | Little control            | No control       |  |
|       | Score:                                    | 0                    | 1                   | 2                                    | 3                         | 4                |  |
|       |   |                      |                     | Compulsion subtotal (add items 6-10) |                           |                  |  |
|       |   |                      |                     |                                      |                           |                  |  |
|       |   |                      |                     | Y-BOCS tota                          | l (add items 1–10)        | )[               |  |